

Fun Physical Education/Fitness Equipment with a Sensory Focus




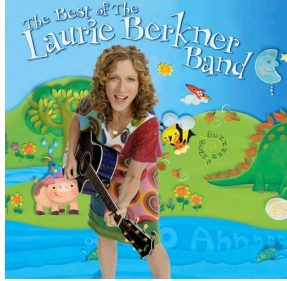
Recommended by: [Ann Griffin, GWAEA](#)

Adapted Physical Education Consultant/Autism Team

Item/Link	Photo	Cost	Sense
<p>JumpSport Jogging Tramp</p>		\$229.00	Proprioception: Jumping and Bouncing
<p>Maverick Pogo Stick</p> <p>For users ages 5-9, weighing 40 to 80 lbs</p>		\$39.75	Proprioception: Jumping
<p>Pogo Stick</p> <p>For users 80 to 160 lbs</p>		\$55.00	Proprioception: Jumping
<p>Super Pogo Stick</p> <p>For users ages 14-adult, weighing 120 to 210 lbs</p>		\$120.00	Proprioception: Jumping
<p>Flaghouse Jungle Jumperoo Jungle Jumperoo!</p>		<p>\$407.00</p> <p>\$349.00</p>	Proprioception: Jumping Bouncing

<p>Stay Ball Fitness Balls Gold's Gym Stay Balls: 75cm Gold's Gym Stay Balls: 75cm 65cm</p>		<p>\$12.50 \$12.00</p>	<p>Proprioception: Bouncing Overhead Slams</p>
<p>Palos Sports Cannon Launcher</p>		<p>\$32.00</p>	<p>Proprioception: Jumping Stomping Cause and Effect</p>
<p>Tenn Tube Tennis ball picker uppers \$30 WalMart</p>			<p>Visual, Tactile, Proprioceptive</p>
<p>FlagHouse Sound Steps Set</p>		<p>\$102.00/set</p>	<p>Proprioception/ Auditory: Jumping Stomping</p>
<p>Group Exercise Band</p>		<p>\$59.00</p>	<p>Proprioception/ Vestibular: Intensity</p>

<p><u>Ultra Stomp Rocket by D & L</u></p>		<p>\$20.00 or less</p>	<p>Proprioception: Jumping Stomping</p>
<p><u>Spooner Boards</u></p>		<p>\$50.00</p>	<p>Vestibular: Spinning</p>
<p>Catching Nets and Shooting Hoops</p> <p>Visual, Tactile, Proprioceptive</p>	<p>DIY Hoop $\frac{3}{4}$" pvc and $\frac{3}{4}$" connectors</p>	<p>DIY Catcher Fishing dip net: shorten the handle</p>	
<p>Frisbee and Disc Varieties</p> <p>Visual/Tactile</p>	<p>Squidgie Discs</p> 	<p>Beamo: 3 sizes</p> 	<p>Hyper Pet Frisbee;</p> 
<p>Nearly indestructible, multi sensory, washable, reasonably priced toys and balls</p>	<p>Pet toy departments at WalMart Menards, Tuesday Morning, Petco</p>		

<p>Razor Scooters</p>	<p>Walmart, Tuesday Morning</p>		<p>Proprioceptive, Vestibular/Balance</p>
<p>Jenga XL Game Giant Sized Cardboard Set</p>		<p>\$20.00</p>	<p>Tactile/Motor Planning</p>
<p><u>Jim Gill</u> Sings Do Re Mi on his Toe Leg Knee</p>		<p>\$15.00</p>	<p>Auditory/Motor Planning</p>
<p><u>The Best of the Laurie Berkner Band</u></p>		<p>\$8.89</p>	<p>Auditory/Motor Planning</p>

May 2018